

Athlete Criteria

- ❧1 Athlete must be an Ontario resident and, if under the age of 18, registered full time (or full time equivalent approved by the athlete's school);
- ❧2 Athlete must possess or be eligible to receive a valid Canadian passport;
- ❧3 Athlete, parents and coach must be willing to sign the GRIT Code of Conduct, Program Waiver and GRIT Athlete Contract;
- ❧4 Athlete riding a leased or sponsored horse must have the approval of the owner to participate in the GRIT program, including travel to qualifying competitions and training events as will be determined through the program year;
- ❧5 Athlete must be between 13 and 30 years of age and have had at least three competition results at the Gold level in one or more of the three Olympic Disciplines as follows:
***Note – Age determined as of January 1 of the current year**

Group 1: 13 – 16 years

- i. Dressage – Level 1 or 2, FEI Junior or Young Riders - 3 competitions results 65% or higher
- ii. Show Jumping – 1.1M to 1.2M - 3 placings in competition with not more than 8 jumping faults and 4-time faults
- iii. Eventing – Training Level, EV 1.05M or Preliminary Level - 3 competition results with 0 Cross Country jumping penalties and a finishing score of 45 penalties or less

Group 2: 17 – 20 years

- i. Dressage – Level 2 or 3, Young Riders or U25 - 3 competition results 65% or higher
- ii. Show Jumping – 1.2 to 1.3M - 3 placings in competition with not more than 8 jumping faults and 4-time faults
- iii. Eventing – Preliminary level or FEI CCI* or above - 3 competition results with 0 Cross Country jumping penalties and a finishing score of 45 penalties or less

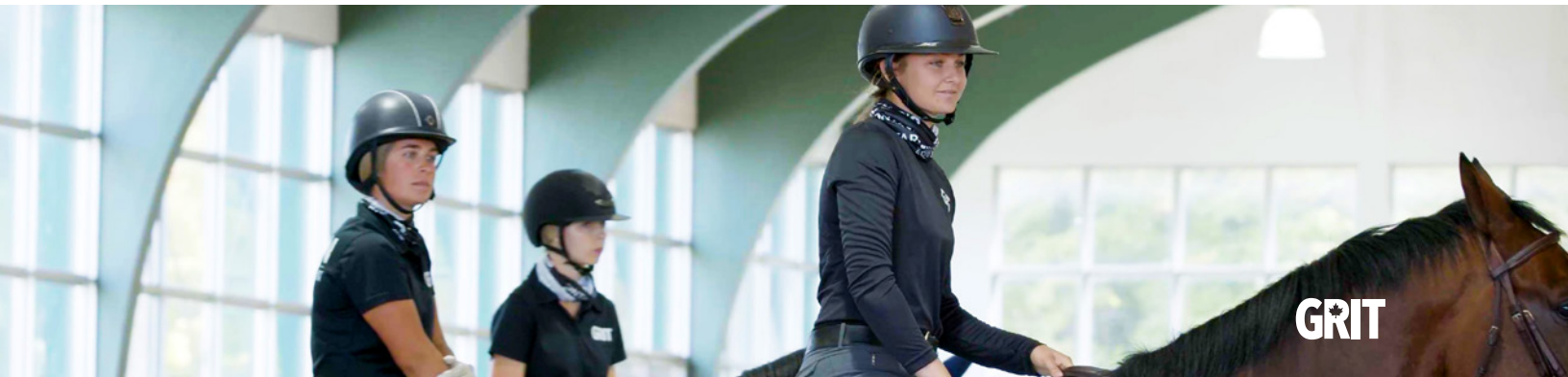
Group 3: 21 – 25 years

- i. Dressage – FEI & U25 Open Division - 3 competition results 65% or higher
- ii. Show Jumping – 1.3M or higher - 3 placings in competition with not more than 8 jumping faults and 4-time faults
- iii. Eventing – Intermediate Level, FEI CCI 2*L or higher - 3 competition results with 0 Cross Country jumping penalties and a finishing score of 45 penalties or less

Group 4: 25 to 30 years

- i. Dressage – FEI - 3 competition results 65% or higher
- ii. Show Jumping – 1.4M or higher - 3 placings in competition with not more than 8 jumping faults and 4-time faults
- iii. Eventing – Intermediate Level, FEI CCI 2*L or higher - 3 competition results with 0 Cross Country jumping penalties and a finishing score of 45 penalties or less

***Due to the effect of COVID-19, if you unable to provide sufficient results for the 2020 competition season, candidates may provide three additional results from 2019.**



- 26** Athlete must ride with a Certified Coach, Coach holding a current International Trainers Passport or Coach who is a candidate for Coach Certification;
- 27** Athlete must be willing to participate in program training including:
 - a. Canadian Sport Institute of Toronto (CSIO – Pan Am Centre) Athlete Training sessions
 - b. Cross Discipline Training Camps – schedule to be announced upon release of the Equestrian Canada 2021 Gold Competition Schedule
 - c. One-on-one training sessions with the GRIT Head Coach, the athlete and the athlete’s coach
 - d. Unmounted in-class or online education sessions:
 - i. Developing a Yearly Training and Competition Plan
 - ii. Nutrition
 - iii. Mental Preparation for Training and Competition
 - iv. Strength and Conditioning
 - e. Additional training and education offerings for Parents & Coaches will be available and encouraged

8 Athlete must wear GRIT athlete apparel during training and competition events;

9 Athlete must submit monthly competition updates to OE, within two weeks of the end of each month, including:

- i. The name, location and date of competition
- ii. A description of the competition class
- iii. The number of entries
- iv. The number of finishes
- v. The athletes placing and points on each round/phase/class
- vi. Details of any injuries that may have been sustained by the rider or horse during the competition



10 Any athlete and/or horse who is unable to participate fully in the program due to injury must report the circumstances to the GRIT Head Coach to determine whether the athletes training program (including unmounted training) can be modified or whether the athlete will withdraw from the program;

11 All horses and athletes participating in the program may be subject to randomized drug testing, per Equestrian Canada guidelines. Any failed drug test will result in removal from the program;

12 Athlete will be required to pay for some of their expenses associated with GRIT program participation, with the **exception** of:

- i. Canadian Sport Institute of Ontario (CSIO) team training events
- ii. Entry fees for training camps (mounted and unmounted)
- iii. Any coaching or admin fees relating to support received from the GRIT head coach or OE during GRIT events
- iv. GRIT apparel

Note: OE will not guarantee but will seek sponsorships to offset team and event costs where possible. For more information, please visit ontarioequestrian.ca/grit-great-rider-intensive-training/